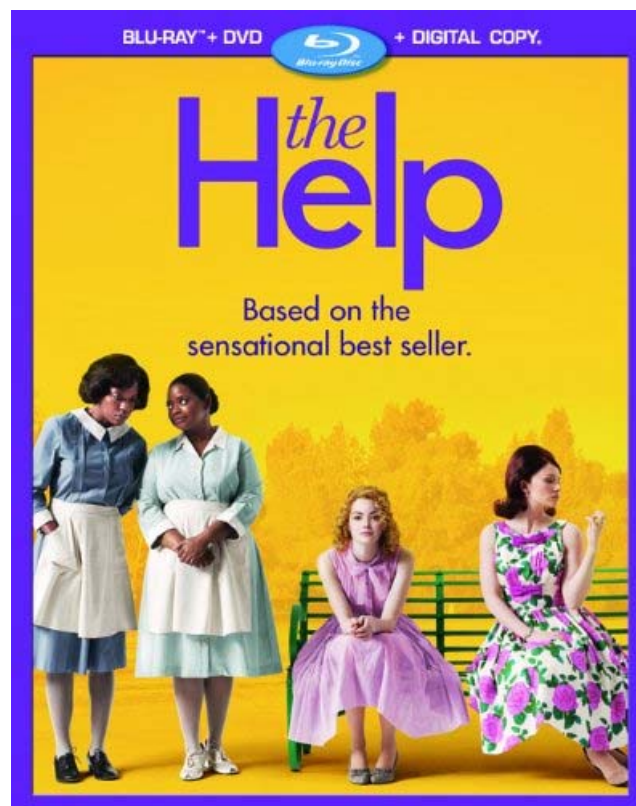


# A book for F.4: The Help



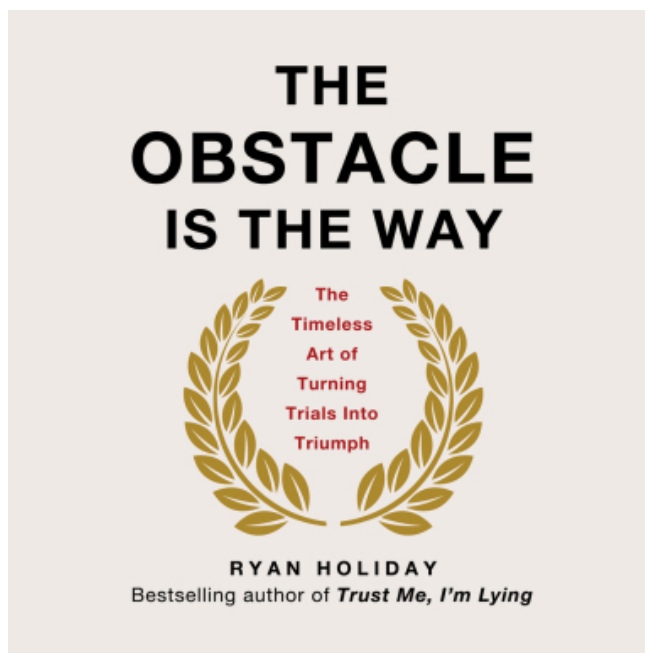
# Book recommendation

- The No.1 New York Times bestseller by Kathryn Stockett comes to vivid life through the powerful performances of a phenomenal ensemble cast. Led by Emma Stone, Viola Davis, Octavia Spencer and Bryce Dallas Howard, *The Help* is an inspirational, courageous and empowering story about very different, extraordinary women in the 1960s South who build an unlikely friendship around a secret writing project - one that breaks society's rules and puts them all at risk.
- Students may enjoy the funny bits of the story while being touched by the great spirit shown in the film and the positive messages by the book!
- Filled with poignancy, humour and hope, *The Help* is a timeless, universal and triumphant story about the ability to create change.

# Link(s) of the audio book or e-book

- Audiobook:
  - <https://www.youtube.com/watch?v=IF1euxoOAdA> (part of the book)
- Film trailer:
  - <https://www.youtube.com/watch?v=72FdK5Jm0LU>
- E-book:
  - [https://gelleresol.weebly.com/uploads/3/0/1/6/30164729/the\\_help\\_-\\_kathryn\\_stockett.pdf](https://gelleresol.weebly.com/uploads/3/0/1/6/30164729/the_help_-_kathryn_stockett.pdf)
  - [http://www.scriptdelivery.net/source/resources/screenplays/the\\_help.pdf](http://www.scriptdelivery.net/source/resources/screenplays/the_help.pdf)
  - [https://www.penguin.com/static/pdf/teachersguides/the\\_helpTG.pdf](https://www.penguin.com/static/pdf/teachersguides/the_helpTG.pdf)

# A book for F.4: The Obstacle Is the Way



# Book recommendation

- The book teaches us the timeless art of turning trials into triumph.
- Readers of this book comment that it is a fantastic and instructive read all about how to overcome any obstacle or challenge and turn it into an advantage. From author Ryan Holiday, *The Obstacle is the Way* draws on key historical figures and stoic philosophy to communicate its message. No matter what background you come from, your area of expertise or goals for the future, everyone can learn a valuable lesson from this book.
- It has also become a cult classic, beloved by men and women around the world who apply its wisdom to become more successful at whatever they do.
- This book is especially recommended to our F.4 students as along the learning journey, they may have been beset by an awful lot of obstacles. But bear in mind: life is about turning obstacles into opportunity. Where there's a will, there's a way!

# Hyperlinks

- Audiobook:
- <https://www.youtube.com/watch?v=rq5lXVSIE2Q>

# 推介給中四的好書: 失敗，是通往成功的唯一捷徑



# 書本介紹

- 失敗，是通往成功的唯一捷徑。本書作者為你解析，在挫敗和困境中發現成功的**26**個啟示。
- 英雄和瘋子只是一線之隔，莫扎特是莫扎特，不是你，當你犯錯時，你是自己最好的老師，你就是你，沒有人可以取代你，不放棄自己，再難的困境也有出路，不如意時，更別忘了為他人服務，自己做不成千里馬，不妨當個伯樂，再苦，也不放棄任何諾言，想不通，就讓自己的腦袋學會轉彎，面對人生大海，你是自己的羅盤，讓生命底片多次曝光，要感謝折磨你的人。
- 謹以此書獻給中四同學！「失敗乃成功之母」、「自古成功在嘗試」，願你從作者分享的每個小故事，從失敗中得到力量！



# 閱讀連結

- 線上閱讀:
- <http://haodoo.net/?M=u&P=B12C5:0&L=book>